## **THE SUBVERSION PROCESS BY TOMAS SCHUMAN**

AREAS	METHODS	<u>RESULTS</u>
IDEAS	<u>DEMORALIZATION (15 – 20 YEARS)</u>	
<ol> <li>Religion</li> <li>Education</li> <li>Media</li> <li>Culture</li> </ol>	Politicize, Commercialize, Entertainment Permissiveness, Relativity Monopolize, Manipulate, Discredit, Non-issues False Heroes and Role Models	Death Wish Ignorance Uninformed Myopia Addictive Fads, 'Mass'
STRUCTURE		
<ol> <li>Law and Order</li> <li>Social Relations</li> <li>Security</li> <li>Internal Politics</li> <li>Foreign</li> </ol>	Legislative, Not Moral Rights VS. Obligations Intelligence, Police, Military Party, Antagonisms Salt Friends	Mistrust 'Justice' Less Individual Responsibility Defenselessness Disunity Isolation
LIFE		
<ol> <li>Family, Society</li> <li>Health</li> <li>Race</li> <li>Population</li> <li>Labor</li> </ol>	Break Up Sports, Medicare, Junk Food Lower the Uppers, Bible?, Genetics VS. Environment De-Land, Urbanize Unions VS. Society	No Loyalty (State) Enfeebled Masses Hatred, Division Alienation Victimization
	↓ DESTABILIZATION (2 – 5 YEARS)	
<ol> <li>Power Struggle</li> <li>Economy</li> <li>Society Fiber, Law</li> <li>Foreign</li> </ol>	Populism, Irresponsible Power Struggle Destruction of Bargaining Process Grass Roots Participation Isolation, Multi-Nations, Centralization (planned economy)	Big Brother Yield to Big Brother Mobocracy Prestige, Belligerent, Encirclement
	↓ CRISIS (2 – 6 MONTHS)	
	↓ NORMALIZATION	

This chart shows the four stages of Soviet ideological subversion: demoralization, destabilization, crisis and normalization. The methods used by the subverter in the different areas of life produce their desired results in a country that does not resist the subversion process.